

Annual and Financial Report of Together Advancing Common Trust-TAKT for 2022



Introduction

In 2022, our organization continued its change impact strategy to empower young people through sport by focusing on inclusivity, leadership skills, and community building. Our programs were designed to provide opportunities for participants to develop essential skills and traits that will serve them well in all areas of their lives. We are proud to report that through the dedication and hard work of our staff and volunteers, we were able to make a positive impact on the lives of countless young people. This narrative report will provide an overview of our activities, achievements, and challenges during the year and will highlight the key successes and areas for improvement. We hope that by sharing our experiences, we can inspire others to join us in our mission to empower young people through sport.

One of the key successes of our sport for development programs in 2022 was our ability to reach marginalized communities across the country. Through a combination of targeted outreach efforts and partnerships with local organizations, we were able to provide opportunities for young people from disadvantaged backgrounds to participate in our programs. This not only helped to improve their physical health and well-being but also allowed for better socialization and inclusion within their communities. Our programs provided a safe and supportive environment where young people from different backgrounds could come together to learn, play, and grow. This was particularly important for those who may have otherwise been excluded from mainstream sports programs due to financial, social, or cultural barriers. By providing these opportunities, we were able to promote greater social cohesion and inclusion across the nation.

Finally, TAKT is an organization that works to promote social inclusion and integration through sport and physical activity on national level and across the Balkans. We create partnerships with local and national sport and education organizations to reach and engage communities across the region. By working with these partners, TAKT is able to provide resources, training, and support to local organizations and individuals to improve their capacity to provide sport and physical activity opportunities to disadvantaged and marginalized groups. TAKT also uses sport as a tool to promote values such as teamwork, respect, and fair play. Through these partnerships, TAKT is able to promote greater inclusion and social cohesion in communities across the Balkans, by providing access to sport and physical activity opportunities for all, regardless of their background or abilities. Additionally, TAKT works to raise awareness of the importance of sport and physical activity in promoting social inclusion and integration, and encourages the development of sustainable and inclusive sport initiatives in the Balkans.



Project: " Youth for Social Change "

Date of implementation: 28.02.2022-27.09.2022

Project description

The project "Youth for Social Change" aims to include students and young workers from the Municipality of Karposh who will be part of workshops and will create and implement their own projects. The participants in this project will get certificates.

Our goal is to improve the overall health and well-being of the residents of Skopje and the municipality of Karpos by promoting a healthy lifestyle with physical activity, mental wellbeing and environmental sustainability. To achieve this, we are empowering young people to take the lead in driving positive change in their communities. By providing training and resources, we aim to create a network of change agents who can inspire and mobilize others to adopt healthier and more eco-friendly lifestyles.

This includes initiatives such as promoting cycling and walking as alternatives to driving, encouraging the use of public transportation, organizing clean -up events and promoting mental wellbeing and healthy lifestyle choices for young people. Our goal is to create a more active, healthier, and eco-friendly community for all residents to enjoy.

Also we aim to include local businesses as partners in order to promote health among young people. Businesses can provide valuable resources and expertise to help the local schools create and implement health and wellness programs for students. This is why we train the young generations to be the future leaders and promote overall health in their local communities.

This initiative will continue at the regional level and will result in a group of young ambassadors for health.

Support: The project is supported by Erasmus+









Project: "BALKAN PLAY 2 INCLUDE"

Date of implementation: 2022 – 2023

Project description

The Balkan Play to Include program is a joint initiative aimed at bringing together sport stakeholders across the Balkans in order to develop the skills of young people and improve their inclusion in society. The program focuses on providing young people with the necessary capacities to succeed in their communities, including leadership and teamwork skills, as well as promoting healthy lifestyles and physical activity. By working with a range of partners, including local sports clubs, schools, and government organizations, the program aims to create a network of support for young people across the region and to promote inclusion and social cohesion. Through this program, young people will have the opportunity to learn new skills, form positive relationships, and gain a sense of belonging in their communities.

Over 600 organizations worldwide from 83 countries applied for this program, **ten were selected**, including TAKT together with Stop the Online Sexual Abuse and Exploitation of Children (StopOSAEC). The other organizations and their notable projects are Golden Boots (Uganda): The Sport for Protection Project (STOP); Soccer for All Vietnam (Vietnam): Soccer for All in Vietnam; Open Field (Cameroon): Sport as an Opportunity for Community Response and Engagement (S.C.O.R.E); Education to Share (Mexico): Sport to Share (S4S); College of Youth Activism and Development (Pakistan): Balochistan Indigenous Games Restoration and Standardization Project; Jordan Youth Innovation Forum (Jordan): Youth-led street sports for all; Dream a Dream (India): After School Life Skills Program; Association for the Promotion of Mutual Trust and Angaza Center for Sports and Development (Kenya): The Game for Peace Project.

This project was developed within the UNAOC initiative "Sport for One Humanity". The main objective of the programme/project is to select and support innovative sports-based projects that promote a culture of inclusion peace, mutual understanding and cooperation between different communities and cultures around the world, with priority given to projects that embody the SDGs of Diversity and Inclusion, Education and Empowerment of youth, empowerment of women and girls, inclusion of persons with disabilities and vulnerable groups



and fostering peaceful and inclusive societies. The grant provides capacity-building instruction and education through online training sessions, mentoring, and face-to-face workshops based on the recipient's unique needs.

Support: The project is supported by UNAOC





Project: "Parasport Adventurer"

Date of implementation: 01.01.2021- 31.12.2022

Project description

The "Parasport Adventurer" project aims to inspire people with disabilities to be physically active and encourage their passion for adventure and sports. Activities for people with disabilities were organized in the project itself.

The "Parasport Adventurer" project is a unique initiative that aims to inspire people with disabilities to be physically active and pursue their passion for adventure and sports. The project focuses on providing individuals with disabilities access to adaptive equipment, resources, and training to participate in a variety of outdoor activities such as hiking, cycling, kayaking, and rock climbing. The initiative also aims to build a sense of community and support among participants, through activities such as group excursions and mentorship programs. By providing access to these activities, the project aims to break down barriers and promote inclusion for people with disabilities, encouraging them to lead active, fulfilling lives. Additionally, the project will raise awareness of the capabilities of people with disabilities and demonstrate that adventure and sports are not limited to able-bodied individuals.

Together with our partners in the project we had the opportunity to create 3 short films. Through the films themselves, we found out and became familiar with the conditions in which they work and the obstacles faced by people with disabilities who want to play sports. We concluded that sport knows no boundaries and has great mental and physical benefits for people who practice sports, so all people should have the right conditions for sports and recreation.

Support: The project is supported by Erasmus+

Video Link: https://www.facebook.com/parasportsworld/videos/552106306457804









Project: ,, BeActive Day"

Date of implementation: 2022

BE ACTIVE DAY 2022 Program

This famous European initiative, which is happening for the third time in N.Macedonia is intended for all people who believe in the power of physical activity to improve the quality of life, and at the same time encourages the advancement of the fitness sector and fitness. trainers. The aim of the initiative is to mark the most active day of the year and to celebrate physical activity through various activities.

Be Active Day promotes a healthy and active lifestyle that is an equal right for all of us without exception. Physical activity must not exclude anyone, so this initiative aims to include a wide range of promoters and ambassadors such as: fitness instructors and enthusiasts, physical education teachers, coaches, trainers, young people, youth ambassadors, trainers who work with persons with disabilities and actively work in the promotion of a healthy life, etc. It is part of the European Week of Sport, a pan-European campaign led by the European Commission to promote sport and physical activity across the continent, encouraging people and individuals to be physically active. Sport and physical activity contribute significantly to the health and well-being of European citizens, yet levels of physical activity in Europe are currently stagnating and even declining in some countries. The European Week of Sport is a joint response to this challenge, as well as a call to action.

Be active day 2022 in North Macedonia takes place on the 23rd September is the most active day of the year and a day when physical activity is celebrated its role in North Macedonia. This day for the third time in St. a healthy way of life.

Values:

 Promoting the European Week of Sport (EWoS) in the partner countries of the project by implementing effective campaigns that are based on the success of other people's experiences;



- Strengthening the grassroots sports network in the country in each of the non-EU countries, by organizing national seminars for stakeholders, based on the principles of EWoS;
- Promoting EU values through fitness and sports in the partner countries of the project;
- Promoting and strengthening the existing BeActive program across Europe and increasing understanding and cooperation with countries bordering the EU.

Be Active Day 2022 program is including more municipalities and more stakeholders for promoting inclusive values, healthy and active lifestyle.

High Stakeholders Event – EU Ambassador residency

Expected guests: EU Active Brussels; national Be Active stakeholders, and Be Active ambassadors

Partner municipalities: Skopje (Karposh and Centar); Vinica, Kriva Palanka, Kumanovo, Tetovo, Bitola, Ohrid, Strumica, Shtip, Kavadarci, Berovo, Gostivar. Expected 6000 participants on national level

Support: EuropeActive, Erasmus +















Project: "Play2Include"

Date of implementation: 15.02.2022 – 17.06.2022

Project description

The PLAY 2 INCLUDE project aims to unite football clubs and schools for young people in the Western Balkans. The project emphasizes cooperation, exchange of knowledge and sport for development as a program for the progress and development of football clubs in the region. The activities will target young people and their development of skills for social inclusion and improvement of mental health after Covid-19. Within the framework of the project itself, training of trainers, workshops and sports summer camp were organized.

Within the framework of the project, a wide Balkan partnership was created to encourage social cohesion and well-being of young people through football. Within the framework of the "Play and Include" (Play2Include) project, sports organizations and clubs from North Macedonia, Serbia and Bosnia have united with the support of the FIFA Foundation, the German Society for International Cooperation (GIZ) and the French Development Agency (AFD) will work in the direction of encouraging cohesion between young people in the Balkans.

Support: The project is supported by FIFA, GIZ and AFD

Video link: https://www.youtube.com/watch?v=Nlimz8KqcRQ&t=8s

Video link: https://www.youtube.com/watch?v=m8nYc8XE1Nw











Project: "Yoth Employability Skills – phase 2"

Date of implementation: 15.03.2022 – 31.08.2022

Project description

The project "Youth Employability Skills – phase 2", under the motto #BeActiveBeEmployed, this year expanded its partnership for sports for development in 4 municipalities: Kriva Palanka, Karposh, Kavadarci and Gostivar. Cooperation with secondary vocational schools continues with the first activity was the training of sports coaches for the development of employment skills, then workshops were organized in each school and finally the project ended with a summer camp in which children from all the schools that were involved in this project participated.

Support: The project is supported by GIZ North Macedonia











Project: " Quality Label for Sport for Good"

Date of implementation: 22.06. 2022 - 22.12.2024

Description of the project

This project is extremely important for the message that TAKT spreads, which is that sport has the potential to contribute to society and create positive results on an individual and social level. Through this TAKT project, the Sport for Development program is expanding at the European level incorporating its Balkan experience and partnership.

In this project we work with partners from Portugal, Spain, Italy and Germany.

Support: The project is supported by Erasmus+









Project: "Aspire Balkans"

Date of implementation: 01.09.2022 – 01.12.2022

Project description

Aspire Balkans is a pre-accelerator program whose goal is to create a community of women entrepreneurs coming from the Balkan countries, and who want to build startups from their innovative ideas. This program aims to build a network of women's businesses that will connect and encourage creative women from the region to be entrepreneurs and leaders, collaborate and empower each other.

The program was supported by the Ministry of Foreign Affairs of Israel, with the main partner Aspire program at the AtoBe accelerator in Jerusalem. In Macedonia, the official partner is TAKT, and from Kosovo STIKK, ICT association.

In the open call of the program, chapter Macedonia/Kosovo, 60 applications arrived. Due to the large number of applications, the chapter was divided into 2 cycles. The first cycle was attended by 34 participants, of which the best 13 gave their presentation last week. Part of the jury were Ivana Stankovic, Fund for Innovations in Macedonia, Mihail Mizrahi, AtoBe Accelerator Israel, Liora Kaspi Investor from Israel, Vjolca Chavoli, STIKK from Kosovo.

The program received huge support from the Palladium Group by providing consultancy assistance to all 13 finalists, to help them in the process of developing their startup/business idea, and of course to help them secure access to finance. The first places in the evaluation went to participants Marija Burgieva with O-Krug and Olga Rajcic with Challenger, who shared the first place and will have the opportunity to present themselves at the Demo Day of the Aspire program in Israel and present to numerous investors. Then second place went to Kamelia Kostovska with SWAP and Jona Kastrati from Kosovo in third place with the business idea Internet Clinic.



The program has already planned numerous activities related to special sessions for the development and assistance of the participants in the next period and expansion of the activities in Macedonia and the countries in the region.

Support: The program is supported by the Ministry of Foreign Affairs of Israel.





Memorandums and Partnerships

 A signed memorandum with the Municipality of Kavadarci and the Vocational School SOZSHU "Gjorche Petrov" have become part of our network of partners for sports for the development of skills among young people.





• We signed a Memorandum of Cooperation for Sports for Development with the Municipality of Vinica.





Products

"Football for All" is a community-based initiative that aims to promote inclusion and social cohesion through the sport of football. The initiative focuses on providing access to the sport for all members of the community, regardless of their background or abilities. The initiative also aims to promote values such as teamwork, respect, and fair play. By creating a welcoming and inclusive environment for all members of the community to participate in the sport, "Football for All" aims to bring people together and promote understanding and mutual respect. Additionally, the initiative will help to develop the skills of young people through football, such as leadership, teamwork and physical fitness. The "Football for All" initiative which aims to provide opportunities for the marginalized communities across the country was piloted in the following municipalities: Kriva Palanka, Sveti Nikole and Shtip.

Video link:

https://www.youtube.com/watch?app=desktop&v=V709S94zMYM&fbclid=IwAR1Wh9m1LQohPP2mZ9frc0CZxHLT-tlFH6FM7Jlb7xGDYWMtyuh5HhXbrhY





 We created the guide for better involvement of women and girls in physical activity and sports!

The guide is intended for associations, clubs and fitness centers.

Starting from a situational analysis, we found that women are consistently less physically active than their male counterparts - even in countries where women and men have similar activity levels, young girls' activity levels are lower than boys'.

This inclusive guide aims to raise awareness of the gender gap in physical activity, inspire and support initiatives to increase girls' involvement in sport. The guide provides an overview of how gender affects physical activity levels and provides a roadmap for more accessible and inclusive physical activity.

https://www.europeactive.eu/sites/europeactive.eu/files/project/Inclusion Guide BeActiveDay 22 ENG.pdf?fbclid=IwAR1TXzztBM0MKxqyb4 ijnmgcfzrcoCgoha6TXY0cEidmlyQuxE3nBPK5eQ



Financial report for 2022

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7403	ASOC DEPORTIVA Y CULTURA	80.016,00		80.016,00
7403	BUDAPESTI EGIESULET A NE	82.551,00		82.551,00
7403	EDGE HILL UNIVERSITY DPT	170.064,00		170.064,00
7403	EUROPEACTIVE IVZW 2/KU	814.544,00		814.544,00
7403	GIZ GMBH SUPPORT	1.834.048,00		1.834.048,00
7403	GUILDE EUROPEENE DU RAID	1.603.638,00		1.603.638,00
7403	KONGRES TRAVEL SERVIS DO	174.537,00		174.537,00
7403	MOVIGO SPORT (ERASMUS)	118.504,00		118.504,00
7403	SPIN SPORT INNOVATION	1.248.432,00		1.248.432,00
7403	VELEPOSLANSTVO DRZAVE	189.162,00		189.162,00
Вкупно		6,291,496,00		6,291,496,00